

THURSDAY December 4, 2025

Room: Al Ameera

19:00

OPENING CEREMONY

1. Welcome Address from the Chair
2. Message from the President
3. Overview of the Scientific Program
4. 2025 in Perspective
5. Awards and Recognitions
6. Acknowledgment of MEFS Partners

20:00

MEET AND GREET

FRIDAY December 5, 2025

Room: Al Ameera

Room: Al Ameera 2

Room: Al Wasel

08:00-10:00

CONCURRENT SCIENTIFIC SESSION 1: Ovarian stimulation

CONCURRENT SCIENTIFIC SESSION 2: Reproductive Wellness and Longevity

CONCURRENT SCIENTIFIC SESSION 3: Embryology

Chair(s): Yacoub Khalaf (UK), Shima AlBasha (Qat), Joseph Azouri (Leb)

Chantal Farra (Qat), Hanan Al Anazi (KSA), Ziad Massaad (LEB)

Fadi Choucair (Qat), Hasan Burjak(Qat), Moza Al Bader (Qat)

08:00

O1 **Safe and effective ovarian stimulation strategies: do they have to be complicated?**

O7 **Latin American Ambassador to MEFS: What is the Role of GLP-1's in Fertility Treatments?**

O13 **Mapping the Intricate Technical Details of Trophectoderm Biopsy Through an Evidence-Based Lens**

Yacoub Khalaf (UK)

Ricardo Loret de Mola (USA)

Fadi Choucair (Qatar)

08:20

O2 **Peruvian Fertility Society Exchange Lecture: Ovarian Poor Response/Sub-Optimal: Therapeutic Options**

O8 **Fertility Preservation in Patients Who Never Had Fertility Preservation (With Extremely Low AMH)**

O14 **Dealing with poor embryo development in the laboratory**

Claudio Bonomini (Peru)

Sherman Silber (USA)

Alison Campbell (UK)

08:40

O3 **Spanish Fertility Society Exchange Lecture: Stimulation protocols using progestins (PPOS protocols)**

O9 **Unraveling ovarian aging: What we should know**

O15 **Cryostorage Challenges: Addressing Today's issues, Securing next generation Practices**

Juan Jose Espinos Gomez (Spain)

Martha Luna (Mexico)

Amy Sparks (USA)

09:00

O4 **New Approaches in Ovarian Stimulation for Poor Ovarian Reserve Patients**

O10 **The Seven Habits of Highly Effective Reproductive Medicine Physicians**

O16 **Key performance indicators of oocyte cryopreservation. Are we missing key elements?**

Laura Melado (UAE)

Sergio Papier (Argentina)

George Liperis (UK)

09:20

O5 **Revisiting Ovarian Stimulation: Can Oral Agents Deliver Cost-Effective IVF?**

O11 **Forever Young: Between Myth and Reality**

O17 **Ovary Cryopreservation and Transplantation to Preserve and Restore Fertility, and Understanding Ovarian Longevity**

Johnny Awwad (Qatar)

Chantal Farra (Qatar)

Sherman Silber (USA)

09:40

O6 **Redefining relief: Multidisciplinary approaches to pelvic pain**

O12 **Impact of New Lifestyles on Fertility**

O18 **Egg freezing and the impact on clinical practice**

Jared Robins (USA)

Claudio Bonomini (Peru)

Braulio Peramo (UAE)

DISCUSSION

DISCUSSION

DISCUSSION

Room: Al Ameera1

10:00

KEYNOTE LECTURE I: The Prince Sultan Bin Abdul Aziz Al Saud lecture – O19

Chair(s): Hisham Ayyoub (KSA)

Simplified In Vitro Maturation (IVFM) and In Vitro Oogenesis

Sherman Silber (USA)

10:30-11:30

MERCK SYMPOSIUM: LH in Focus: Driving Science and Consensus in Middle East

Room: Al Ameera1

Chair: Johnny T. Awwad (Qatar)

Opening & Introduction – Johnny T. Awwad Qatar

Exploring Clinical LH Use in ART: Trends and Challenges in Middle East - Ibrahim ElKhatib (UAE)

Delphi Consensus on LH: Bridging Research and Clinical Practice - Haifa AlTurki (KSA)

Panel Discussion- All

Closing Remarks - Johnny T. Awwad (QATAR)

11:30

Coffee Break

12:00-13:00

Ferring SYMPOSIUM: "From Scientific Evidence to Clinical Excellence"

Room: Al Ameera1

Beyond The Numbers; Integrating Quality & Quantity for ART

Scott Nelson (UK)

Treatment Protocols in ART: Fresh & Frozen ET Cycles - Data from Multiple Prospective Trials

Fady Sharara (USA)

13:00

Lunch Break

14:00

KEYNOTE LECTURE II: The ASRM Exchange lecture – O20

Chair(s): Johnny Awwad (QAT), Michel Abou Abdallah (LEB)

Decoding the business of medicine: A guide for health care providers

Jared Robins (USA)

Room: Al Ameera 1

Room: Al Ameera 2

Room: Al Wasel

14:30-15:30

CooperSurgical Symposium:
The crucial role of sperm quality in successful ART treatment

CONCURRENT SCIENTIFIC SESSION 4: Implantation Failure

CONCURRENT SCIENTIFIC SESSION 5: Male Infertility

Chair(s): Dave Morroll (UK)

Abdulaziz Al Shahrani (KSA), Lulwa Al Ansari (Qat), Toufic Nakad (LEB)

Matteo Avella (Qat), Haitham AlBaradisi (Qat)

14:30

The crucial role of sperm quality in successful ART treatment.

14:30 **Endometrial receptivity: a major concern**

14:30 **The landscape of male infertility in the XXI Century: New challenges and opportunities, from customized diagnosis to individualized treatment**

Alison Campbell

O21 Samir Hamamah (France)

Jorge Hallak (Brazil)

14:50

O22 **Role of immune system modulation in recurrent implantation failure**

14:50 **Importance of the well-treated male factor**

Yacoub Khalaf (UK)

Yacoub Khalaf (UK)

Carlos Salazar Lopez Ortiz (Mexico)

		15:10 O23	Endometrial Receptivity (usER) and Embryo Quality (NEQsi): Low usER score Predicts Cycle Outcome Regardless of Embryo Quality José A. Horcajadas (Spain)	15:10 O29	Translational genomics and model systems in spermiogenesis disorders and asthenoteratozoospermia Matteo Avella (Qatar)
15:30-16:30	ZIWIG SYMPOSIUM: Endometriosis and Infertility Role of Early, Accurate and Noninvasive Diagnosis Chair(s): Jean-Marc AYOUBI (FRA), Gaby MOAWAD (USA)	15:30 O24	Management of Threatened Miscarriage: What's New in 2025? Fadi Mirza (UAE)	15:30 O30	A Contemporary Approach to Difficult Cases in Male Reproduction Robert Brannigan (USA)
15:30	Why it is critical to ensure early diagnosis of endometriosis in the fertility journey Nicola PLUCHINO (SWI)				
15:50	How early endometriosis diagnosis can transform fertility outcomes ? Michael FAKIH(UAE)	15:50 O25	Approach to Recurrent and Autoimmune (?) Pregnancy Loss Rony Elias (USA)	15:50 O31	Redo m-TESE after an unsuccessful attempt: What does the evidence support Haitham Elbardisi (Qatar)
16:10	From Innovation to implantation-Integrating biomarker in clinical practice ? Gaby MOAWAD (USA)	16:10 O26	Recurrent Miscarriage: The Many Do's and Even More Dont's Fadi Mirza (UAE)	16:10 O32	Spermatogenesis and male contraception Jon Oatley (USA)
	Q/A		DISCUSSION		DISCUSSION
16:30	Coffee Break				
	Room: Al Ameera 1	Room: Al Ameera 2		Room: Al Wasel	
17:00-18:00	CONCURRENT SCIENTIFIC SESSION 6: Reproductive Genetics	CONCURRENT SCIENTIFIC SESSION 7: Reproductive Medicine		CONCURRENT SCIENTIFIC SESSION 8: Reproductive Nursing <i>Fertility Nursing Special Interest Group</i>	
Chair(s):	Mary Massaad (LEB), Lamiya Mohiyiddeen(UAE),	Mohamad Zhaffal (UAE), Patrick Zaarour (LEB)		Mona Fawwaz(UAE), Stephanie Abi Raad(UAE)	
17:00	O33 Recent advances in genetic testing of embryos Jonathan Anomaly (USA)	O37	<i>The Latin-American Society of Gynecologic Endocrinology Exchange Lecture:</i> Decreasing Fecundity Rate in Latin America and its Consequences in ART Treatments Alejandro Manzur (Chile)	O41	Exploring Women's Experience and Perspective with Patient-Centered Fertility Care in the UAE Mona Fawaz (UAE)
17:20	O34 Oligogenic variant profiles in fertilization failure Matteo Avella (Qatar)	O38	The Risk of Ectopic Pregnancy in FET cycles Anastasia Salame (UAE)	O42	Addressing the Silent Struggles of Women Undergoing IVF — A Call for Enhanced Psychological Support during Fertility Treatment Cindy Sakkal (UAE)
17:40	O35 PGT-A across ethnic groups Fady Sharara (USA)	O39	Why male fertility supplement trials fail—and can we get it right? Gharagozloo P (USA)	O43	Empowered to Lead, Equipped to Educate: The Evolving Role of Nurses in Fertility Care Pascal Mrad (UAE)
18:00	O36 Variability of ovum pick-up length across clinics and world regions – Time for standardization? Juan José Espinós Gomez (Spain)	O40	Biological Stresses of Fertility Decline Gharagozloo P (USA)	O44	Building a Just Culture in Fertility Care: A Framework for Safer, Fairer Healthcare Shazia Irfan (UAE)
	DISCUSSION		DISCUSSION		DISCUSSION
18:30	Room: Al Ameera 1				
	CONCURRENT SCIENTIFIC SESSION 9: GLOBAL JOURNAL CLUB <i>In Collaboration with Fertility & Sterility (Disseminated as webcast on Fertility & Sterility website)</i>				
	Moderator: Ricardo Loret de Mola (USA) Faculty: Amy Spark (USA), Fady Sharara (USA). Johnny Awwad (Qatar), Roni Elias (USA),				
	O45	Preimplantation Genetic Testing for Aneuploidy in Unexplained Recurrent Pregnancy Loss: A systematic review and meta analysis". By: Mumusoglu S et al. Fertil Steril 2025;123:121–36			

SATURDAY December 6, 2025

	Room: Al Ameera 1	Room: Al Ameera 2	Room: Al Wasel
08:00-10:00	CONCURRENT SCIENTIFIC SESSION 10: Fertility Preservation	CONCURRENT SCIENTIFIC SESSION 11: Reproductive Surgery <i>Reproductive Surgery Special Interest Group</i>	CONCURRENT SCIENTIFIC SESSION 12: Embryology <i>Embryology Special Interest Group</i>
Chair(s):	Sallama Al-Khudhair (IRQ), Alia Abd El Hadi (Qat), Mona Aboughar (EGY)	Samir Abbas (KSA), Jean Marc Ayoubi (FRA), Karim Nawfal (Leb)	Mariam Dashti (BAH),Rana Al Hamdan (KSA), Fadi Choucair (Qat)
08:00	O46 Fertility Preservation in Cervical Cancer: Ovarian and Uterine Transposition Muhieddine Seoud (LEB)	O52 Impact of myomas, adenomyosis, and endometriosis in infertility Carlos Salazar Lopez Ortiz (Mexico)	O58 What is the secret to success for IVF laboratories? Key Performance Indicators - Measure, Monitor and Take Action! Amy Sparks (USA)
08:20	O47 Fertility Preservation in Female Adolescents with Cancer (or females in general): State of the ART Elias Dahdouh (Canada)	O53 Tubal Pathologies in The ERA of IVF: Infertility & Recurrent Pregnancy loss Impact Rony Elias (USA)	O59 Novel markers of oocytes quality and their clinical relevance George Liperis (UK)
08:40	O48 Fertility Preservation in Endometrial Cancer Muhieddine Seoud (LEB)	O54 Evaluating the Timing of Fibroid Surgery Before ART: To Operate or Not? Anis Feki (France)	O60 Digital evolution in the IVF Laboratory: SWOT analysis Necati Findikli (Belgium)
09:00	O49 Fertility Preservation: What, why, who, when? Laura Melado (UAE)	O55 Surgical management of adenomyosis Gaby Moawad (USA)	O61 Automation embryo culture and assessment Alison Cambell (UK)
09:20	O50 Transrectal Oocyte Retrieval for Fertility Preservation in Virginal Women Ahmad Fakh (UAE)	O56 Artificial Intelligence for risk assessment and surgical planning in Reproductive Surgery: Are we there yet? Karim Nawfal (Lebanon)	O62 The implications of new technologies on deciphering the oocyte- and embryo-related developmental problems: An update Necati Findikli (Belgium)

09:40	051 Oocyte cryopreservation: The Egyptian experience Mona Aboulghar (Egypt)	057 The Samir Abbas Award Paper: Iron biomarkers in men with infertility are associated with sperm DNA hydroxymethylation and cumulative live birth rates: a prospective study George Raad (Lebanon)	063 The Mexican Society for Reproductive Medicine Exchange Lecture: The Era of Artificial Intelligence and Automation of in Vitro Fertilization Laboratories Ruben Tlapanco (Mexico)
	DISCUSSION	The effect of sequential embryo transfer on pregnancy outcomes in patients with recurrent implantation failure: a systematic review and meta-analysis of randomized controlled trials Saeed Baradwan (KSA) DISCUSSION	DISCUSSION
10:00-11:00	Thermo Fisher Symposium: Next-generation decisions empowered by next generation-technologies: Leveraging NGS to maximize PGT results <i>Room: Al Ameera 1</i>		
10:00	Introduction Berthe Youness (Germany)		
10:10	Advanced SNP-based premium PGT: minimising mismatches and reducing "no results" embryos with innovative technology Volkan Balatci (Turkey)		
10:30	Maximizing the potential of PGT -M using next generation sequencing Luis A. Alcaraz (Spain)		
10:50	Q&A		
11:00	Coffee Break		
11:30-13:00	Room: Al Ameera 1 CONCURRENT SCIENTIFIC SESSION 13: Reproductive Medicine	Room: Al Ameera 2 CONCURRENT SCIENTIFIC SESSION 14: Reproductive Surgery	Room: Al Wasel CONCURRENT SCIENTIFIC SESSION 15: Male Infertility <i>Urology Special Interest Group</i>
Chair(s):	Dalia Khalifeh (UAE), Ghazi Ibrahim (JOR)	Wajdi Al Omari (KSA), Amina Khodheir (ALG)	Hazem Al-Rumaih (KUW), Hussein Kandil (UAE)
11:30	064 The use of FSH alone vs FSH/LH combinations in controlled ovarian stimulation. Juan Jose Espinos Gomez (Spain)	068 Live birth Outcomes Patients with Septated/Arcuate Uterus Ricardo Loret de Mola (USA)	072 A Guidelines-Based Approach to the Evaluation and Treatment of Male Infertility Robert Brannigan (USA)
11:50	065 Infertility management in patients with PCOS Cihat Unlu (Turkey)	069 Cesarean Scar Niche – its identification, implications, and management Mokhamad Zhaffal (UAE)	073 Spermatozoa and semen analysis serve as powerful markers of men’s health and can induce lifestyle modifications that every clinician needs to know Jorge Hallak (Brazil)
12:10	066 The Art of Individualizing Ovarian Stimulation In Poor Responders Eman El Gindy (Egypt)	070 Evidence based management of Asherman syndrome Lamiya Mohiyiddeen (UAE)	074 Endocrine Manipulation in Male Infertility Hussein Kandil (UAE)
12:30	067 Mini IVF: An Innovative, Minimal Stimulation Approach Dalia Khalife (UAE) DISCUSSION	071 The value of nerve sparing in deeply infiltrating endometriosis Gaby Moawad (USA) DISCUSSION	075 Azoospermia: Modern Perspectives in Evaluation and Treatment Michel Jabbour (UAE) DISCUSSION
13:00	Lunch Break		
14:00	KEYNOTE LECTURE II: The Professor AboulGhar lecture – 076 Chair : Mona Aboulghar (EGY) Is the decline in the birth rate inevitable? Samir Hamamah (France) <i>Room: Al Ameera 1</i>		
14:30-16:10	Room: Al Ameera 1 CONCURRENT SCIENTIFIC SESSION 16: Reproductive Medicine	Room: Al Ameera 2 CONCURRENT SCIENTIFIC SESSION 17: Endometriosis	Room: Al Wasel CONCURRENT SCIENTIFIC SESSION 18: Reproductive Medicine
Chair(s):	Ariana K. Jawad (IRQ), Nadya Ajaltouni (UAE), Suleiman Dabit (JOR)	Eman Gindy (EGY), Abeer Annab (JOR), Maher Sarraf (JOR)	Atyaf Al Dawoodi (IRQ), Maha Al Asmakh (QAT)
14:30	077 Latin American Association of Reproductive Medicine Exchange Lecture: Reproductive Medicine in the Singularity era Sergio Papier (Argentina)	082 Pathophysiology and Targeting in Endometriosis – Chronic Inflammation and Dynamic Macrophage Differentiation Kanako Hayashi (USA)	087 Best of ESHRE 2025 Aboubakr Elnashar (Egypt)
14:50	078 Challenging fresh transfers: The rise of freeze-all era Martha Luna (Mexico)	083 Endometriosis Under Control: Are GnRH Antagonists the Game Changer? Anis Feki (France)	088 Management of Large Endometrioma Before IVF: Sclerotherapy vs. No Intervention Ebrahim Parsanezhad (Iran)
15:10	079 Natural Cycle should be the Preferred Method for Frozen Embryo Transfers Alejandro Manzur (Chile)	084 The Infertile patient with endometriosis: when IVF, when surgery Cihat Unlu (Turkey)	089 Maternal and neonatal outcomes in patients with endometriosis-associated infertility Natalia Artymuk (Russia)
15:30	080 Evidence-based Tips for Frozen ET Elias Dahdouh (Canada)	085 Laparoscopic surgery vs IVF for Endometriosis: The REI vs MIGS Standoff Karim Nawfal (Lebanon)	090 Cumulus cell derived gene expression models can predict blastocyst development in ICSI patients stimulated with r-hFSH or r-hFSH:r-hLH Tom Adriaenssens (Belgium)
15:50	081 Embryonic Mosaicism, What to Do? Ruben Tlapanco (Mexico)	086 The future of IVF : Are we going in the right direction Mohamed Aboulghar (Egypt)	091 Cytoplasmic strings as non-invasive biomarkers: prevalence, quantitative activity scoring, and association with embryo quality and pregnancy outcomes in human blastocysts Sheila Poulain (UAE) DISCUSSION
	DISCUSSION	DISCUSSION	
16:10	Coffee break		
16:40-18:00	Room: Al Ameera 1 ORAL SCIENTIFIC SESSION 19:	Room: Al Ameera 2 ORAL SCIENTIFIC SESSION 20:	Room: Al Wasel 1 ORAL SCIENTIFIC SESSION 21:
Chair(s):	Nabil Sayme (Germ), Elias Karam (LEB), Hassan W. Bakos (Aus)	Ebrahim Parsanezhad (Iran), George Raad (Leb), Saeed Baradwan (KSA)	Room: Al Wasel 2 ORAL SCIENTIFIC SESSION 22: Aboubakr Elnashar (Egy), Ibrahim Hammoud (LEB), Najib Dagher (LEB)
16:40	092 A non-inferiority study to assess the safety and performance of the Felix™ System vs Density Gradient Centrifugation (DGC) and Swim-Up (SU) for spermatozoa separation Hassan W. Bakos (Australia)	0101 Impaired embryogenesis following intracytoplasmic sperm injection with an Arrdc5-/- mouse model of oligo-astheno-terato-zoospermia Julie A. Park (USA)	0110 A large Middle Eastern cohort highlights contrasting chromosomal abnormalities: Gonosomal numerical defects in infertility versus autosomal structural defects in recurrent pregnancy loss Younna Mourad (Lebanon)
			0119 Trends in Oocyte Vitrification: Patient Demographics and Outcomes from 2015 to 2023 Najib Dagher (Spain)

16:50	093 Should we close the book on endometrial scratching? An RCT Hassan Hamze (Lebanon)	0102 High motility of sperm selected after 5 minutes incubation in ZyMötTM: implications for ICSI cases Rita Vassena (Spain)	0111 3D Uterine Imaging and ART Outcomes: Insights from AI Models – A Prospective Study Chadi Fakh (Lebanon)	0120 Impact of Previous Caesarean Delivery on IVF/ICSI Outcomes: A Retrospective Study in Abha City, Saudi Arabia Fatimah Alzahrani (KSA)
17:00	094 Comparative Outcomes of Calcium-Assisted ICSI versus Combined Laser-Assisted Sperm Immobilization and Soft ICSI Osama Abu Ahmad (UAE)	0103 Culture environment and its potential effect on embryo development: comparative analysis of incubators Toni Di Berardino (Canada)	0112 Experience with Microfluidics for Sperm Selection in IVF Programs Irina Ermilova (Russia)	0121 Epigenetic implications of assisted reproductive technologies: Evaluating risks and strategies to optimize outcomes Sana Dabit (UAE)
17:10	095 Double embryo transfer with PGT-A tested embryos in a large IVF center in UAE Marwa Alhmoudi (UAE)	0104 Three microRNAs, one message: sperm miR-19a/miR-20a/miR-15b forecast IVF outcomes Masood Abu-Halima (Germany)	0113 Artificial intelligence (AI) applications in reproductive medicine Kamal Rageh (Bahrain)	0122 Antioxidant treatment in patients with high DNA fragmentation index: the importance of sperm processing Maria Baziakou (Spain)
17:20	096 ICSI is associated with reduced male birth probability compared to conventional in vitro fertilization: analysis of 20,176 live births from the UK national registry Omar Ammar (France)	0105 Effectiveness of Stem Cell Therapy for Endometrial Regeneration in Women with Asherman's Syndrome: A Scoping Review Kholoud Alshahrani (KSA)	0114 Choosing the Most Effective Leadership Approach to Implement an Efficient QMS in IVF Laboratories: A Systematic Review and Meta-analysis Mervat AlKarkatli (UAE)	0123 Effect of ejaculatory abstinence duration on semen quality in male partners of infertile couples: the case for a 3–4-day abstinence standard MD. Zabihullah (India)
17:30	097 Piezo-ICSI in Clinical Practice as a Means to Increase Fertilization Efficiency Evgeniia Uvarova (Russia)	0106 Male factor and advanced maternal age do not affect clinical results after fast warming of blastocysts Rita Vassena (Spain)	0115 Predicting the likelihood of live birth after fresh embryo transfer: can surplus embryos be an indicator? Eman Ahmad (UAE)	0124 The role of fertility supplements in enhancing reproductive outcomes in infertile women Jumana Shohoup (Libya)
17:40	098 Addressing the Elephant in the Room: Incidents in the IVF Lab Mamoon Banat (Canada)	0107 Sperm vacuolization and mitochondrial activity in raw versus prepared semen: impact on embryological outcomes George Raad (Lebanon)	0116 Optimizing IVF Outcomes for Poor Responders: A Comparative Retrospective Study of Soft Ovarian Stimulation versus Conventional Dose Protocols at a Leading Egyptian Fertility Center Ashraf Abo Ali (Egypt)	0125 Therapeutic Role of Oral Multivitamin–Antioxidant Supplementation in Improving Semen Quality Among Infertile Libyan Men Ezuldeen Mansour (Libya)
17:50	099 Optimal timing of frozen embryo transfer after freeze-all in high responders: impact of immediate versus delayed transfer on pregnancy and live birth outcomes Marwan Seder (Palestine)	0108 Clinical impact of 5- versus 24-chromosome testing and aneuploid embryo fate: a retrospective cohort study from a UAE fertility centre (2020-2025) Souraya Jaroudi (UAE)	0117 Cytogenetics, thrombophilia gene mutation and Y chromosome microdeletion analysis in couples with unexplained male and female infertility Senol Senturk (Turkey)	0126 Assessment of sexual dysfunction and quality of life in patients with endometriosis Polina Dvadtsova (Russia)
18:00	0100 Correlation between colposcopy findings and histopathology results Bushra Suliman (Libya)	0109 Comparative analysis of ICSI outcomes with testicular or secondary ejaculated sperm in men with oligo astheno teratozoospermia Marzieh Derakhshan (Iran)	0118 Comparative Risk of Gestational Diabetes Mellitus Following Fresh and Frozen Embryo Transfers: A Retrospective Cohort Study in Palestinian Women Undergoing IVF Anas M. Hussien(Palestine)	0127 The Role of Advanced Paternal Age on Fertility in AL Amal IVF Center - Misrata-Libya Abdalkarim Aburayyan (Libya)

MEFS 2025

32nd ANNUAL SCIENTIFIC MEETING

